



DRUG INFORMATION

After surgery, you will be given medications to assist your recovery. You may not get all of the medicine listed. It is important that you follow the instructions written below regarding the type of medication you are given. **If you have any allergies to any known medications, please inform Dr. Bailie or his medical assistant as soon as possible BEFORE taking any of the medications listed.**

We have found that people who are able to go home after surgery, into a familiar and comfortable environment, have much less pain and require less medicine than those who stay in a surgical facility. These medicines are designed to aid in your comfort after outpatient surgery. I hope that this information helps you to understand what medicines I give after surgery and why. You may contact my assistant or me at any time if you have questions regarding these medicines. We wish you a speedy recovery from your surgery.

REMEMBER: PAIN MEDICINES WILL NOT BE REFILLED AFTER NORMAL BUSINESS HOURS OR ON WEEKENDS UNDER ANY CIRCUMSTANCES. IF YOU ARE RUNNING LOW, PLAN AHEAD. THEY CANNOT BE PHONE IN. YOU WILL HAVE TO PERSONALLY PICK UP A PRESCRIPTION OF ANY CONTROLLED SUBSTANCE DIRECTLY FROM DR. BAILIE (Federal and State Law).

1. **Pain Medicine:** You will be given several types of pain medicine: NARCOTICS: Norco (hydrocodone), or Percocet (oxycodone). **DO NOT USE these together. DO NOT TAKE EITHER MEDICATION WITH TYLENOL.** We give you both so you can choose which works best. Neither can be refilled over the phone or electronically and a paper prescription must be used and can only be given to YOU or a guardian (if a minor). You will also be given Ultram (Tramadol) which is a controlled non-narcotic pain medicine. This can be taken instead of the others and is best during the day since it has fewer side effects. Please be sure to discuss all of these medications with your pharmacist/PCP, as they could interact with your current medications. The pharmacy may give you a generic form of the medicine if your insurance requires or if you prefer. It is important to start taking the medicine as soon as you feel any discomfort so that the pain does not become too intense. The **pain medicine works better if you can stay ahead of the discomfort for the first couple of days.** Generally, these medicines are only required for the first 4 to 7 days. The major discomfort usually diminishes after the first 48 hours and I would encourage you to taper off the medicine during the day when you feel comfortable doing so. You should continue to take the medicine at night to help you sleep. All narcotic pain medicine can cause constipation and nausea and dependency. These medicines are usually taken 1-2 pills every 4 to 6 hours. Each

medicine affects patients differently- from side effects to pain relief so use which one works best for you. If you have been on pain medicine for something else PRIOR to surgery, you may require more medication and may not get good pain relief. We cannot prescribe doses higher than recommended. If you receive pain medicine from any other provider, for ANY reason, we cannot provide you with ANY pain medicine at all and you will need to get meds from the provider currently prescribing pain medication.

2. **ZOFRAN:** This is an **anti-nausea** medicine. Take this up to 4 times per day as needed for nausea related to surgery OR the pain medication.
3. **ANTIBIOTIC:** You may be given Keflex or an equivalent antibiotic for a period of 24 to 48 hours after your surgery. You should know, however, that infections are very rare (less than 1 case per 10,000) and that I give antibiotics as a preventive measure. The most important dose is given PRE-OP within 1 hour of surgery at the surgery center. I use post-op antibiotics typically if we use any implants. If you notice any hives or rash or after taking the antibiotic, please let us know. Usually Benadryl will help. If you have difficulty breathing, go to the nearest emergency room or call 911.

Please note that if you consume alcohol, **DO NOT TAKE PAIN MEDICINES**. A few ounces of whiskey/scotch/bourbon at night INSTEAD of pain medicine may help you more to relieve pain, relax muscles and help you sleep and with less side effects. **DO NOT DRINK ALCOHOL AND TAKE PAIN MEDICINES TOGETHER OR WITHIN 6 HOURS OF EACH OTHER.**

The only medication that is required, if given, is the antibiotic. All of the other medicines are for your comfort and will not affect your recovery. Again, please be sure to check with your PCP or your pharmacist to make sure that these medicines are safe to take with any other medicines or supplements (prescribed or over-the-counter) you may currently be taking. ***DO NOT TAKE ANY MEDICINE UNTIL YOU ARE SURE THERE ARE NOT ANY POSSIBLE REACTIONS***

Side effects of all medicines are possible and are not “allergies”. Some of the side effects are mild while others can be significant. The most common that we hear about are headache, nausea, dizziness and constipation. Itching is a sign of a potential allergy and the medicine should be stopped until you check with us, or your PCP.

If you have any questions, please email Dr Bailie’s clinical assistant, SAMANTHA at Samantha@azisks.com or call her at 480-264-6968.