



IMPORTANT PRE-OPERATIVE INSTRUCTIONS

Surgical scheduling requires a great deal of effort from our scheduling team. We coordinate the surgeon, surgical assistant, anesthesiologist, operating room, and surgical equipment for your procedure. We ask you to be available for your operation at the scheduled date and allow cancellations for emergencies only. LATE CANCELLATIONS WILL BE SUBJECT TO A \$250 FEE.

1. **PLEASE DO NOT EAT OR DRINK AFTER MIDNIGHT BEFORE SURGERY OR YOUR SURGERY MAY BE CANCELLED EXCEPT AS NOTED BELOW.**
2. If you are currently taking cardiac and/or blood pressure medication, you **should** take it the morning of surgery with a **small sip of water only**.
3. **STOP ALL** anti-inflammatory medications 7 days prior to surgery unless instructed otherwise by Dr. Bailie or his staff. Examples of these medications are: Advil, Aleve, Mobic, Aspirin, Cataflam, Daypro, Feldene, Ibuprofen, Indocin, Motrin, Relafen, and Voltaren. If you are unsure, please call Jennifer at 360.635.2696 with any questions. You may take Tylenol as a substitution. If you take chronic steroids (e.g. prednisone) please check with your prescribing doctor for instructions.
4. It is imperative that you **DISCONTINUE** the use of any herbal and/or weight loss supplements 2 weeks prior to surgery. Examples of these supplements are: Echinacea, Fish Oils/Omega 3 or 9, Ginko-Biloba, Glucosamine-Chondroitin, Metabolife Products, Metabolite, St. John's Wort, Sudafed, Vitamin E, Xantrex, Xenadrine OR any non-essential supplement as these can react with anesthesia and deaths have been reported.
5. Wear loose comfortable clothing that will not confine the surgical area. Zip or button-up clothing is best. Please leave all jewelry and valuables at home the day of surgery. Do not wear cosmetics or nail polish on the operative side. Acrylic nails may remain on fingers.
6. Remove all body piercing and jewelry prior to surgery. This includes wedding bands, as they may have to be cut off prior to surgery. Metal can cause burns during surgery or constrict fingers/toes if there is excessive swelling for any reason
7. Please do not smoke, chew gum, breath mints, or tobacco products on the day of your surgery.

8. You **MUST** arrange for transportation to and from the hospital. You **WILL NOT** be permitted to drive yourself home, under any circumstances. Make certain you have a responsible adult with you for 24 hours after surgery, unless you're being hospitalized after surgery.
9. If you are diabetic, please check with your primary care physician regarding your insulin dosage. We will schedule as early as possible depending on the surgery schedule.
10. An anesthesiologist will speak to you prior to surgery. At that time he/she will go over your medical history and answer any last minute questions you might have.
11. **If an appointment has NOT been made for you to see Dr. Bailie after surgery, please call Michelle at 480-264-6050 or email her at surgery@azisks.com.**
12. Your insurance company will be contacted to check if authorization is needed and you will be notified if there are any problems so that you may make the final decision whether or not to proceed with surgery. We strive to be transparent with all fees and charges and will do our best to make sure there are no surprises. You will be responsible for meeting your deductible and payment is required PRIOR to surgery. If Dr. Bailie is OUT-OF-NETWORK, you will only be responsible for his surgical fee and possibly of the surgical assistant. If these fees are paid in advance, Dr. Bailie offers substantial discounts of 30-50% of the usual and customary fee. The facility fee, anesthesia and post-op therapy will be covered by your insurance. Dr. Bailie's fee amounts to usually less than 10% of the total fee charged for surgery and we understand the importance of value in medicine.
13. ***Should a medical condition or personal problem arise necessitating your cancellation of surgery, IT IS VERY IMPORTANT THAT YOU PERSONALLY speak with Michelle. Calling the surgical facility on short notice only is not acceptable and you will be charged \$250.***

Thank you for your assistance as it is imperative for a safe surgical experience.